

# The Facts...

- ... **4 out of 5 car seats are used incorrectly.**
- ... **Motor vehicle crashes are the leading cause of death for children ages 4 to 14.**
- ... **More than half (56%) of all children 14 and under killed in a car crash were completely unrestrained.**
- ... **An unrestrained child is three times more likely to be injured in a car crash than a restrained child.**

**Besides, it's the law!**

**Allowing your child to ride in a vehicle without being properly restrained can result in a fine.**



# Referral Information

- Alameda County EMS Agency:  
(510) 618-2051/50
- Car seat check-up event website:  
<http://home.pacbell.net/lrrol/index.html>
- Car seat safety checks - by appointment:**
- Oakland CHP  
(510) 450-3821
- Hayward/Castro Valley CHP  
(510) 489-1500
- Berkeley Public Health Department  
(510) 665-6839
- Berkeley Police Department  
(510) 644-6045
- Fremont Police Department  
(510) 790-6800 ext. 1831
- Livermore Police Department  
(925) 371-4858  
premature baby car seat  
installation assistance available
- Pleasanton Police Department  
(925) 931-5100
- New Parent - Car Seat Safety Courses**  
**Pre-registration required:**
- Fremont Police Department  
(510) 790-6800 - ext. 183
- Livermore Police Department  
(925) 371-4858

# Buckle 'em Up



# EVERY TIME!

**Alameda County  
Emergency Medical Services  
Injury Prevention**  
1000 San Leandro Blvd., Suite #100  
San Leandro, CA 94577  
(510) 618-2051/50  
[www.acgov.org](http://www.acgov.org)  
Click on "departments" then "EMS"  
e-mail: [alcoems@co.alameda.ca.us](mailto:alcoems@co.alameda.ca.us)

Alameda County



The Alameda County EMS Agency is a  
Division of the Public Health Department

# So, What Can You Do?

**Buckle your child into a car seat every time you get into the car!**

**Q: Which car seat is best?**

**A: All car seats sold today must meet federal safety standards, therefore consider one that:**

- ⇒ Fits your child
- ⇒ Fits your vehicle
- ⇒ You will use correctly every time

**Q: What is the current California car seat law?**

**A: Children under the age of 6 or weighing 60 pounds must use a child safety seat or booster seat.**

**Q: What if I can not afford to buy a new car seat?**

**A: Contact our office to see if you qualify for a free or low cost car seat. Buying a used car seat isn't recommended. You won't know if it meets current federal safety standards, or if it has been involved in an accident.**

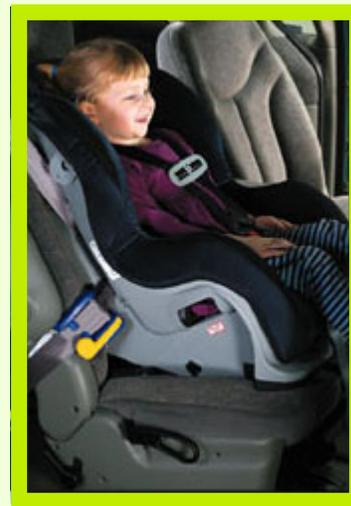


## Rear-facing car seat:

**Newborns & Infants until they are 12 months old and weigh 20 pounds**

## Forward-facing car seat:

**Kids over 1 year old who weigh 20-40 pounds**



Choosing the correct seat

## Booster seat:

**Kids age 4 or over 40 pounds (a high or low back booster seat)**

